



¹Early consultation with RD/Nutrition Support Service

²Nutrition Risk Assessment: NRS:2000 or NUTRIC

³Periprocedural EN: non-areodigestive tract procedure, supine position, secured airway (ETT); continue EN until 30min prior to procedure

⁴Gastric Residual Volume (GRV): avoid routine use of gastric residual volume testing

⁵Formula: If surgery planned <5 days or < 5 days post op, start immunomodulating formula, use 5-7 days post op; If no surgery: start high protein polymeric formula

⁶VBF: daily energy needs/24hr; adjust hourly delivery rate during non-NPO hours to achieve daily energy goals

⁷Malnutrition: Prior to Admission: BMI < 18.5; unintended weight loss >10% body weight/3 mo; < 75% energy intake > 7 days prior to admission; After Admission: 2% weight loss/7 days; loss of subcutaneous fat, muscle; edema